

UPSIDES

Ugonjwa wa akili: Kipimo cha mtazamo wa daktari (MICA-4)

Maelekezo: kwa kila swali 1-16, tafadhali jibu kwa kuweka tiki kwenye boksi moja tu. Tatizo la akili linamaanisha hali ambayo mtu anaweza kuonwa na mtaalamu wa akili.

		Nakubali kabisa	Nakubali	Nakubali kiasi	Sikubali kiasi	Sikubali	Sikubali kabisa
[mic01]	Huwa najifunza kuhusu afya ya akili ikiwa inabidi, na sijishughulishi kusoma nyenzo nyingine za ziada.	<input type="radio"/>					
[mic02]	Watu wenyewe ugonjwa mkali wa akili hawawezi kupona vya kutosha kuwa na maisha bora.	<input type="radio"/>					
[mic03]	Kufanya kazi katika sekta ya afya ya akili ni heshima kama kufanya kazi kwenye maeneo mengine ya afya na huduma za kijamii.	<input type="radio"/>					
[mic04]	Kama ningekuwa na ugonjwa wa akili, nisingekubali mbele ya marafiki zangu kwasababu ningeogopa kuhudumiwa tofauti/kubaguliwa.	<input type="radio"/>					
[mic05]	Mara nyingi watu wenyewe ugonywa mkali wa akili ni hatari.	<input type="radio"/>					
[mic06]	Wafanyakazi wa afya/jamii wanajua Zaidi kuhusu maisha ya watu waliopata matibabu ya ugonjwa wa akili kuliko wanafamilia au marafiki.	<input type="radio"/>					

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		Nakubali kabisa	Nakubali	Nakubali kiasi	Sikubali kiasi	Sikubali	Sikubali kabisa
[mic07]	Kama ningekuwa na ugonjwa wa akili, nisingekubali mbele ya wafanyakazi wenzangu kwa sababu ya kuogopa kuhudumiwa tofauti/kubaguliwa.	<input type="radio"/>					
[mic08]	Kuwa mtaalamu wa afya/jamii katika eneo ya afya ya akili siyo sawa na kuwa mtaalamu halisi wa afya/jamii.	<input type="radio"/>					
[mic09]	Ikiwa mfanyakazi mwandamizi amenipa maelekezo ya kutibu watu wenye tatizo la ugonjwa wa akili bila heshima, sitafuata maelekezo yake.	<input type="radio"/>					
[mic10]	Ninajisikia vizuri sana nikiongea na mtu mwenye tatizo la ugonjwa wa akili kama ninavyojisikia nikizungumza na mtu mwenye ugonjwa wa kimwili.	<input type="radio"/>					
[mic11]	Ni muhimu kwamba mtaalamu wa huduma za afya/kijamii ambaye anamsaidia mtu mwenye ugonjwa wa akili anatakiwa kuhakikisha kwamba afya yake ya kimwili imefanyiwa uchunguzi	<input type="radio"/>					
[mic12]	Umma hauhitaji kulindwa kutoka kwa watu wenye ugonjwa mkali wa akili.	<input type="radio"/>					
[mic13]	Iwapo mtu mwenye ugonjwa wa akili amelalamika kuhusu dalili za kimwil (kama maumivu ya kifua) ningesema kwamba inatokana na ugonjwa wao wa akili.	<input type="radio"/>					
[mic14]	Daktari wa jumla hatakiwi kufanya uchunguzi wa kina kwa watu wenye dalili za ugonjwa wa akili kwasababu wanaweza wakapewa rufaa kwenda kwa mtaalamu wa magonjwa ya akili.	<input type="radio"/>					

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	Nakubali kabisa	Nakubali	Nakubali kiasi	Sikubali kiasi	Sikubali	Sikubali kabisa
[mic15]	Nitatumia maneno kama mwendawazimu, chizi n.k kuwaelezea wafanyakazi wenzangu wenyе ugonjwa wa akili ambaо nimewaona katika kazi yangu.	<input type="radio"/>				
[mic16]	Kama mfanyakazi mwenzangu akiniambia ana tatizo la ugonjwa wa akili, bado ningependa kufanya nao kazi.	<input type="radio"/>				

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