

# UPSIDES

## Obulwadde bw'obwongo: Ekipimo ku'ngeri omusawo gyatwalamu/ gy'alabamu ebintu

Kubuli kibuuzo okuva 1-16, nkusaba ddamu ng'ogolola mu kasanduuko kamu kokka. Obulwadde bw'obwongo wano butegeeza embeera omuntu z'abaamu ezimwetaagisa okulaba omusawo omukugu mukujjanjaba obulwadde bw'obwongo.

		Nkikkirizaamu ddala	Nkikkirizaamu ko	Nkikkirizaamu ko	Ssikkirizaamu ko	Sikkirizaamu Ddala
[mic01]	Ebikwatagana n'eb'y'obwongo mbiyigako Iwemba ntekeddwa era sandy'etawanyiza kusoma kubantu bilala byeyongerako	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
[mic02]	Abantu abalina obulwadde bw'obwongo obw'amanyi tebalitereera kimala kuba namutindo gwa'bulamu mulungi.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
[mic03]	Okukola ng'omusaawo w'obulwadde bw'obwongo nakyo kya kitilwa era nga obujjanjabi obulala mu by'obulamu n'okufaayo okulala eri abantu	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
[mic04]	Singa nalina obulwadde bw'obwongo, kino sindikibulidde ko mikwano gyange kubanga nandi badde ntya okuyisibwa mungeri eyenjjawulo	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
[mic05]	Abantu abalina obulwadde bw'obwongo obw'amanyi batera okuba ab'obulabe n'okusingawo	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The translation was developed as part of the UPSIDES Study ([www.upsides.org](http://www.upsides.org)). The scales are property of King's College London. For more information please contact [bernd.puschner@bkh-guenzburg.de](mailto:bernd.puschner@bkh-guenzburg.de) or [graham.thornicroft@kcl.ac.uk](mailto:graham.thornicroft@kcl.ac.uk). (Original Scale: Gabbidon J., Clement S., Nieuwenhuizen AV., Kassam A., Brohan E., Norman I., Thornicroft G. (2013). Mental illness: clinicians' attitudes (MICA) scale. Psychometric properties of a version for students and professionals in any healthcare discipline. Psychiatry Research 206:81-87.). For the use of the scales, a registration by completing this survey is needed: <https://www.surveymonkey.com/s/stigmascalsesregistration>

		Nkikkirizaamu ddala	Nkikkirizaamu ko	Ssikkkirizaamu ko	Sikkkirizaamu Ddala
[mic06]	Abasawo / abakozi abalabirira abalwadde bamanyi nnyo ebikwatagaana n'obulamu bw'abantu abajjanjabibwa obulwadde bw'obwongo okusinga ku b'enganda oba emikwano	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
[mic07]	Singa nalina obulwadde bw'obwongo kino sandikibiliddeko banange kulw'okutya okuyisibwa mungeri eyenjawulo	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
[mic08]	Okubeera omusawo/omujjanjabi omutendeke kuluuyi olw'ebiyobwongo tekyefananyiriza kubeera musawo/omujjanjabi yenyinni omutendeke	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
[mic09]	Singa munange ansingako obukugu aba andagidde okuyisa abantu abalina obulwadde bw'obwongo mungeri etyoboola, sandi goberedde biragiyo bye	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
[mic10]	Mpulira nga bwemba njogera n'omuntu alina obulwadde bw'obwongo nkiwiliriramu eddembe era nga bwemba nga njogera n'oyo alina obulwadde obukwatta ebitundu by'omubiri ebilala	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
[mic11]	Kikulu nnyo omusawo yenna/ omujjanjabi omutendeke ayamba omuntu alina obulwadde bw'obwongo akakasa nti n'ebiyobulamu bwe obw'omubiri bikeberebwa	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
[mic12]	Abantu babulijjo tebeetaaga kutangirwa kuva eri abantu abalina obulwadde bw'obwongo obw'amanyi	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
[mic13]	Singa omuntu alina obulwadde bw'obwongo y'emulugunya ku bubonero obw'obulwadde obw'omubiri (okugeza okulumizibwa mukifuba) kino nandi kitadde ku bulwadde bwabwe obw'obwongo.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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		Nkikkirizaamu ddala	Nkikkirizaamu ko	Ssikkkirizaamu ko	Sikkkirizaamu Ddala
[mic14]	Abasawo abajjanjaba endwadde endala tebasubirwa kukola kukebera kuijuvu eri abantu abalina obulwadde obw'obwongo kubanga bano basobola okutwalibwa eri omusawo omukugu mu ndwadde z'obwongo	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
[mic15]	Nandi kozeseza ebigambo nga mulalu, muguwaddalu, Zonto n'ebilala okunnyonnyola eri bakozi bannage abantu ababa balina obulwadde bw'obwongo bendabye mumulimu gwange	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
[mic16]	Singa mukozi munnage abangambye nti alina obulwadde bw'obwongo, era nandiyagadde okusigala nga nkola naye	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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