

## Ekipimo ky'olupapula olunonyereza ku manyi g'ekigero ekikeberegwa

Olupapula lw'obubonero

“EKIPIMO KY'OLUPAPULA OLUNONYEREZA KU MANYI G'EKIGERO EKIKEBEREBWA” kinnonyereza kumanyi g'ekigero ky'obuuzibu omuntu w'obulwadde bw'obwongo bw'alina.

Ku buli katundu (okuva ku nnamba 1 paka ku 7), golola kimu kubyogeddwaako ekisinga okukola ku muntu oyo abeera abuuzibwa.

Kaakati kubuli mutendera gw'ekigero eky'amanyi (Okugeza. 'tewali,' ky'amanyi nnyo') gatta omuwendo gw'obugolole era obuwandiike mukasanduuko akali wansi kubukoloboze obulagiddwa. 'kyamanyi nnyo' ekola kubutundu obwo bwokka obwetaagisa obweetaavu bw'abakugu abajjanjaba obulwadde bw'obwongo okusobola okubaako ekikolebwa okutaasa obulamu bw'omuntu amangu ddala.

Olupapula olugobererwa oluteekeddwa emabali lulambika eby'okugoberera ku nsonga z'okuteekako essira ng'obuuzi mubuli katundu – tebigendereddwa kulagira. Obubaka obulala ku “EKIPIMO KY'OLUPAPULA OLUNONYEREZA KU MANYI G'EKIGERO EKIKEBEREBWA” webuli ku mukutu “researchintorecovery.com/tag” guno.

		tewali	Akatonoto	Kyakigero	Kyamanyi	ky'amanyi nnyo
[tag01]	<b>Akatundu 1</b> Okw'etuusaako obuvune mubugenderavu.	Tewali kufaayo kubikwataga na ku bulabe obuyinza Okw'etuusib wako mu bugenderavu oba okugezaako okwetta.	Okufaayo okutonoto kubikwataga na ku bulabe obuyinza Okw'etuusib wako mu bugenderavu oba okugezaako okwetta.	Obubonero obulaga nti wandibaawo obulabe bw'okwetusa ako obuvune mubugenderavu oba okugezaako okwetta.	Obulabe obw'amanyi obuyinza okutuusibwa kumubiri nga kino kiviira kukw'etuusa ako obuvune mubugenderavu oba okugezaako okwetta.	Obulabe obw'amangu ddala obuyinza okutuusibwa kumubiri nga kino kiviira ku kwetuusaako obuvune mubugenderavu oba okugezaako okwetta.
[tag02]	<b>Akatundu 2</b> okw'etuusaako obuvune mubutanwa/ mubutali bugenderavu	Tewali kufaayo kubikwataga na n'obulabe obuyinza okutuusibwa kumubiri mubutali bugenderavu	Okufaayo okutonoto kubikwataga na n'obulabe obuyinza okutuusibwa kumubiri mubutali bugenderavu	Obubonero obulaga nti waliwo obulabe obuyinza okutusibwa kumubiri mubutali bugenderavu	Obulabe obw'amanyi obuyinza okutuusibwa kumubiri nga kino kiviira ku buteefaako, enneeyisa etali nnungi oba okulemelerwa okukuuma obutonde.	

		tewali	Akatonotono	Kyakigero	Kyamanyi	ky'amanyi nnyo
[tag03]	<b>Okuyinzika kw'obulab e</b>					
	<b>Akatundu 3</b> Obulabe obuyinza okuva eri abalala	Tewali kufaayo kubikwataga na n'akabi k'okutulugun yizibwa oba okukozeseb wa ennyo/ okunyigirizib wa okuva eri abalala oba abantu babulijjo	Okufaayo okutonotono kubikwataga na n'akabi k'okutulugun yizibwa oba okukozeseb wa ennyo/ okunyigirizib wa okuva eri abalala oba abantu babulijjo	Obuboneero obwaddala obulaga okubeera mukabi k'okutulugun yizibwa oba okukozeseb wa ennyo/ okunyigirizib wa	Obukakafu obulaga okutulugunyi zibwa oba okukozeseb wa ennyo/ okunyigirizib wa okuva eri abalala oba abantu babulijjo.	
[tag04]	<b>Akatundu 4</b> Obulabe eri abalala	Tewali kufaayo kubikwataga na n'obulabe obuyinza okutuusibwa kubarala oba ebintu byabwe	Eneeyisa etali nnungi mubantu	Obulabe obuyinza okubeerawo eri ebintu ne /oba obulabe obutonotono obuyinza okutuusibwa ku balala	Obulabe obw'amanyi obuyinza okutuusibwa kubalala nga kino kiviira ku nneeyisa ey'obulabe	Obulabe obw'amangu ddala obuyinza okutuusibwa kubarala nga kino kiviira ku nneeyisa ey'obulabe
[tag05]	<b>Eby'etaago n'okulemererwa</b>					
	<b>Akatundu 5</b> Ebyetaagisa okubeerawo	Tewali kufaayo kubikwataga na n'ebyetaagisa a ebisookebwa ko, ebikozesebwa oba obukodyo obwetaagisa mubulamu	Okufaayo okutonotono ku kubikwataga na n'eby'etaagisa a ebisookebwa ko, ebikozesebwa oba obukodyo obwetaagisa mubulamu	Obutaba na by'etaagisa ebisookebwa ko, ebikozesebwa oba obukodyo obwetaagisa mubulamu bimala	Obutabeerer awo ddala n'akatono na by'etaagisa, ebikozesebwa oba obukodyo obwetaagisa mubulamu	Obutabeerer awo ddala n'akatono na byetaagisa, bikozesebwa oba obukodyo obwetaagisa mubulamu nga kino kireeta entiisa ey'amanyi ku bulamu
[tag06]	<b>Akatundu 6</b> Mundowooza, muneewulira ne munneeyisa	Tewali bizibu biremesa oba eby'eraliikiriz a mu ndowooza, n neewulira oba nneeyiisa	Ebizibu ebitonotono ebiremesa oba eby'eraliikiriz a mu ndowooza, n neewulira oba nneeyiisa	Ebizibu ebiremesa oba eby'eraliikiriz a mu ndowooza, n neewulira oba nneeyiisa	Ebizibu eby'amanyi ebiremesa oba eby'eraliikiriz a mu ndowooza, n neewulira oba nneeyiisa	

[tag07]	<b>Akatundu 7</b> Eby'olukale	Tewali bizibu biremesa bikolebwa oba enkolagana n'abantu abalala	Ebizibu ebitonotono ebiremesa ebikolebwa oba enkolagana n'abantu abalala	Ebizibu ebiremesa ebikolebwa oba enkolagana n'abantu abalala	Ebizibu eby'amanyi ebiremesa ebikolebwa oba enkolagana n'abantu abalala		
[tag08a] to [tag08e]	<b>No. of ticks</b>	—	—	—	—	—	TAG score
[tag09]	<b>TAG score</b>	0 points for each None rating:  0	1 point for each Mild rating:	2 points for each Moderate:	3 points for each Severe:	4 points for each V. Severe:	

## Threshold Assessment Grid (TAG)

### Checklist for Guidance

Also consider any other aspects which are relevant. The tick-boxes are provided for optional use to identify concerns, but the TAG rating is made on the score sheet.

#### 1 Intentional Self-Harm

**Individual factors:**

- expressing suicidal intent
- clear plan
- available means
- preparations
- hopelessness
- no confidant, e.g. partner, friends, professionals
- poor coping resources
- lack of blocks to self-harm

**Consider risk factors:**

- past history of deliberate self-harm
- (i) alcohol/drug abuse OR (ii) diagnosis (e.g. depression, schizophrenia, personality disorder)
- (i) AND (ii) = increased risk
- physical illness/disability
- recent GP contact
- recent psychiatric hospitalisation
- recent loss
- no friends/family
- living alone
- unskilled worker
- unemployment
- older people
- male (especially young male)

#### 2 Unintentional Self-Harm

**Consider self-neglect:**

- lack of self-care
- not eating or drinking appropriately

**Consider unsafe behaviour:**

- not seeking help for problems posing risk
- refusing appropriate help e.g. not taking medication
- not claiming benefits
- lack of awareness of own safety in home e.g. fire risk
- risky sexual behaviour
- substance misuse
- wandering

**Consider the inability to maintain a safe environment**

- unable to manage accommodation
- not paying rent
- running up debts

#### 3 Risk From Others

**Consider different types of abuse or exploitation:**

- physical
- sexual
- emotional
- racial
- financial
- neglect

**Consider risk from:**

- staff
- relatives
- friends
- neighbours
- strangers
- treatments

**Consider risk of abuse by carer:**

- severe stress
- mental illness/alcohol/drug abuse in carer
- carer refusing help
- history of abuse by or to carer

**Consider risk from society:**

- history of abusive/exploitative relationships
- harassment from public
- use of home by unwanted others
- inadequate home security
- fear of retaliation for reporting abuse

#### 4 Risk To Others

**Consider risk to:**

- children & other dependents
- partners
- carers
- staff
- neighbours
- strangers

**Consider risk factors:**

- current threats, especially to a named person
- history of violence to people/property
- carer's concern
- access to weapons
- no blocks to violence e.g. fear of consequences
- history of arson
- unemployment
- drug/alcohol abuse
- stress
- voices telling person to harm someone
- paranoia
- risky sexual behaviour
- anti-social behaviour e.g. unsafe driving
- lack of information about person's history
- no trusting relationship with professionals

#### 5 Survival

**Consider whether the person has problems with:**

- a home
- heating for the home
- essential amenities (e.g. washing facilities, toilet, cooker, bed)
- the ability to look after their home
- the ability to keep adequately clean and tidy
- enough food & fluids
- clothing
- enough money to live on
- mobility
- the ability to use public transport
- the ability to cope with physical health problems

6

## Psychological

### **Consider:**

- overactive, aggressive, disruptive or agitated behaviour
- problems with hallucinations & delusions
- cognitive problems with memory, orientation & understanding
- mood problems e.g. depressed, manic, anxious
- problems with reading or writing
- a lack of coping strategies
- attitude to problems
- help seeking behaviour
- spiritual problems
- feelings of alienation

7

## Social

### **Consider problems in relationships with others:**

- lack of ability to make or maintain friendships
- lack of supportive relationships
- lack of intimate relationship
- sexual problems
- communication problems
- unable to handle daily hassles

### **Consider problems in activities:**

- leisure
- unpaid work
- paid work
- education
- travel
- lack of personally meaningful life

Further information on the Threshold Assessment Grid is available from: [researchintorecovery.com/tag](http://researchintorecovery.com/tag)